<table>
<thead>
<tr>
<th>#</th>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>#1</td>
<td>Large Stromboli &amp; Salad</td>
<td>$7.50</td>
</tr>
<tr>
<td>#2</td>
<td>Calzone &amp; Salad</td>
<td>$7.50</td>
</tr>
<tr>
<td>#3</td>
<td>Spaghetti &amp; Garlic Bread</td>
<td>$6.50</td>
</tr>
<tr>
<td>#4</td>
<td>Spaghetti with Meatballs, Garlic Bread &amp; Salad</td>
<td>$9.25</td>
</tr>
<tr>
<td>#5</td>
<td>Baked Ziti, Garlic Bread &amp; Salad</td>
<td>$9.25</td>
</tr>
<tr>
<td>#6</td>
<td>2 Slices New York Pizza, Salad &amp; Medium Drink</td>
<td>$7.75</td>
</tr>
<tr>
<td>#7</td>
<td>2 Slices Sicilian Pizza, Salad &amp; Medium Drink</td>
<td>$7.75</td>
</tr>
<tr>
<td>#8</td>
<td>Italian Sub &amp; Medium Drink</td>
<td>$6.75</td>
</tr>
<tr>
<td>#9</td>
<td>Ham Sub &amp; Medium Drink</td>
<td>$6.75</td>
</tr>
<tr>
<td>#10</td>
<td>Pizza Sub &amp; Medium Drink</td>
<td>$6.75</td>
</tr>
<tr>
<td>#11</td>
<td>Small Stromboli, Salad &amp; Medium Drink</td>
<td>$7.75</td>
</tr>
<tr>
<td>#12</td>
<td>Meatball Sub &amp; Medium Drink</td>
<td>$7.50</td>
</tr>
<tr>
<td>#13</td>
<td>2 Slices of Cheese Pizza &amp; Medium Drink</td>
<td>$5.75</td>
</tr>
<tr>
<td>#14</td>
<td>1 Slice of Cheese Pizza, Salad &amp; Medium Drink</td>
<td>$6.25</td>
</tr>
<tr>
<td>#15</td>
<td>Spinach Tortellini, Salad &amp; Garlic Bread</td>
<td>$9.50</td>
</tr>
<tr>
<td>#16</td>
<td>Linguini with Baby Clams, Salad &amp; Garlic Bread</td>
<td>$9.95</td>
</tr>
<tr>
<td>#17</td>
<td>Cheese Manicotti, Salad &amp; Garlic Bread</td>
<td>$9.50</td>
</tr>
<tr>
<td>#18</td>
<td>Cheese Ravioli, Salad &amp; Garlic Bread</td>
<td>$9.50</td>
</tr>
<tr>
<td>#19</td>
<td>Gnocchi, Salad &amp; Garlic Bread</td>
<td>$9.50</td>
</tr>
<tr>
<td>#20</td>
<td>Baked Zitti &amp; Garlic Bread</td>
<td>$7.75</td>
</tr>
<tr>
<td>#21</td>
<td>Turkey Sub &amp; Medium Drink</td>
<td>$6.75</td>
</tr>
<tr>
<td>#22</td>
<td>Salami Sub &amp; Medium Drink</td>
<td>$6.75</td>
</tr>
<tr>
<td>#23</td>
<td>Italian Roast Beef Sub &amp; Medium Drink</td>
<td>$7.50</td>
</tr>
<tr>
<td>#24</td>
<td>Pastrami Sub &amp; Medium Drink</td>
<td>$7.75</td>
</tr>
<tr>
<td>#25</td>
<td>Capocollo Sub &amp; Medium Drink</td>
<td>$6.75</td>
</tr>
<tr>
<td>#26</td>
<td>Veal Cutlet Sub &amp; Medium Drink</td>
<td>$7.75</td>
</tr>
<tr>
<td>#27</td>
<td>Eggplant Sub &amp; Medium Drink</td>
<td>$7.75</td>
</tr>
<tr>
<td>#28</td>
<td>Chicken Parmesan Sub &amp; Medium Drink</td>
<td>$7.75</td>
</tr>
<tr>
<td>#29</td>
<td>Meat Lasagna, Garlic Bread &amp; Salad</td>
<td>$9.50</td>
</tr>
<tr>
<td>#30</td>
<td>Stuffed Shells w/ Ricotta, Salad &amp; Garlic Bread</td>
<td>$9.50</td>
</tr>
</tbody>
</table>
GOOD NUTRITION equals GOOD FOOD equals GOOD TIMES

If you're interested in well-balanced diets for yourself and your family, take a look at the nutritional information here. And please keep in mind that the percentages on our chart are for the RDA (Recommended Dietary Allowances) rather than the usual MDR (Minimum Daily Requirements). In other words, judging by the strictest standards, pizza is nutritious!

From this chart, researched and prepared by a leading nutritionist, we can tell that pizza is a nutritionally excellent food. The percentages here for an adult male eating one slice of cheese and sausage pizza also means that a teenage girl eating two slices will obtain approximately 100% of the protein she needs daily, almost half the calcium, more than half of the phosphorus, and a good percentage of vitamin C, iron and niacin.

And to make pizza even more appealing, look at the chart again. You'll see that even though a slice of pizza supplies 45.5% of the needed protein for an adult male, it only supplies 12.9% of the calories.

The data above was compiled by Ms. Ellen Semrow, Director of Nutrition Education for the American Institute of Baking. Other comments by authorities in the field reinforce Ms. Semrow's finding.

"Pizza, already accepted by teenagers, was found to be a good, nutritious food."
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Why is pizza so good for you? Simply because a quality pizza with your favorite meat topping contains items from the four basic food groups: grains, dairy products, vegetables and meats. To make your pizza an even more nutritious meal, you can accompany it with a fresh green salad (terrific!) or top it off with a continental dessert or fresh fruit.

One (5.3 oz.) slice of cheese and sausage pizza supplies the following recommended dietary allowances for the average adult male:

- Protein: 45.5%
- Calcium: 21.3%
- Phosphorus: 31.4%
- Vitamin C: 10.1%
- Vitamin A: 9.0%
- Thiamine: 15.0%
- Riboflavin: 4.7%
- Niacin: 10.0%
- Iron: 14.4%
- Calories: 12.9%

Two Locations

(909) 946-9277
1263 West 7th Street
(Mountain Green Shopping Center)
Off the 10 FWY
Upland

(909) 949-6900
1118 E. 19th Street, Suite F.
(Colonies Crossroads Center)
Off the 210 FWY
Upland

Monday - Saturday 10 a.m. - 10 p.m.
Sunday 12 noon - 8 p.m.
Last Dine-in Monday - Saturday 9:15 p.m. & Sunday 7:15 p.m.
sanbiagios.com
Pizzas

**New York Style - Cheese Only**
(Our Famous Round Thin Crust New York Style Pizza)

- The Special
  - Pepperoni, Sausage, Ham, Mushrooms, Green Peppers, Onions, Olives
  - $22.95 15” Med, $24.95 18” XL, $27.95 20” Jumbo

- Veggie Pizza
  - Mushrooms, Onions, Green Peppers, Olives
  - $20.95 15” Med, $22.95 18” XL, $24.95 20” Jumbo

- White Pizza
  - Fresh Tomato, Garlic, Onion, Olive Oil, Dry Basil NO Pizza Sauce
  - $18.95 15” Med, $20.95 18” XL, $23.95 20” Jumbo

**Sicilian Style Pizza - Cheese Only**
(Thick Deep-Dish Pan Style Pizza)

- 16”x16” Pan
  - $20.95
  - ½ Pan
  - $12.95

**Pizza by the Slice**
New York or Sicilian Slice $2.35 each - Extra Toppings .50 each
3 topping max per slice

**Toppings:**
- Full $1.75 each, Half $1.00 each
- Full $2.25 each, Half $1.25 each
- Full $2.50 each, Half $1.50 each
- Capocollo
- Green Peppers
- Jalapeño
- Pepperoni
- Anchovies
- Ham
- Mushrooms
- Black Olives
- Capers
- Green Olives
- Salami
- Pineapple
- Onions
- Meatball
- Sausage
- Extra Cheese
- Ricotta Cheese
- Eggplant
- Chicken

**Pasta Dishes**
(Pasta are prepared with marinara sauce & mozzarella cheese baked on top)

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spaghetti with Butter &amp; Romano Cheese</td>
<td>$5.00</td>
</tr>
<tr>
<td>Spaghetti with Marinara Sauce</td>
<td>$6.00</td>
</tr>
<tr>
<td>Spaghetti with Meatball or Sausage</td>
<td>$7.50</td>
</tr>
<tr>
<td>Baked Zitti</td>
<td>$7.50</td>
</tr>
<tr>
<td>Cheese Manicotti</td>
<td>$7.75</td>
</tr>
<tr>
<td>Cheese Ravioli</td>
<td>$7.75</td>
</tr>
<tr>
<td>Spinach Tortelli</td>
<td>$7.75</td>
</tr>
<tr>
<td>Gnocchi</td>
<td>$7.75</td>
</tr>
<tr>
<td>Stuffed Shells with Ricotta</td>
<td>$7.75</td>
</tr>
<tr>
<td>Meat Lasagna</td>
<td>$7.75</td>
</tr>
<tr>
<td>Kids Baked Zitti</td>
<td>$4.00</td>
</tr>
<tr>
<td>Linguine with Baby Clams (red or white sauce)</td>
<td>$8.50</td>
</tr>
<tr>
<td>Side Order of Meatballs or Sausage</td>
<td>$5.00</td>
</tr>
</tbody>
</table>

**Garlic Bread** $2.50   **Garlic Cheese Bread** $3.95

● San Biagio’s Specialty Items
**SALADS**

<table>
<thead>
<tr>
<th></th>
<th>Regular</th>
<th>Antipasto</th>
<th>Chicken</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>$3.00</td>
<td>$6.00</td>
<td>$6.00</td>
</tr>
<tr>
<td>Large</td>
<td>$7.50</td>
<td>$10.50</td>
<td>$10.50</td>
</tr>
</tbody>
</table>

**ITALIAN PIZZA ROLLS**

- **Calzone**
  - Meatballs, Mozzarella Cheese & Pizza Sauce $5.95
- **Stromboli**
  - Sausage, Green Peppers, Pepperoni, Mushrooms, Onions, Mozzarella Cheese & Pizza Sauce $5.95
- **Spinach Roll**
  - Ricotta, Mozzarella, Spinach & Pizza Sauce $5.95
- **Chicken Roll**
  - Chicken, Mozzarella Cheese & Pizza Sauce $5.95
- **Pepperoni Roll**
  - Pepperoni, Mozzarella Cheese & Pizza Sauce $4.75

**HOT OR COLD SANDWICHES**

(Subs below include lettuce, olives, tomatoes, mozzarella cheese & dressing)

- **Italian Sub**
  - (Ham, Salami, Capocollo & Mortadella) $5.95
- **Ham Sub** $5.95
- **Turkey Sub** $5.95
- **Capocollo Sub** $5.95
- **Salami Sub** $5.95

**HOT SANDWICHES**

(Subs below are covered in pizza sauce & melted mozzarella cheese)

- **Meatball Sub** $6.50
- **Sausage Sub** (With Green Peppers & Onions) $6.50
- **Veggie Sub** (Mushrooms, Green Peppers, Onions & Black Olives) $6.50
- **Roast Beef Sub** (Pizza Sauce & Melted Mozzarella Cheese) $6.50
- **Chicken Parmesan Sub** $6.75
- **Veal Cutlet Sub** $6.75
- **Eggplant Sub** $6.75
- **Pastrami Sub** (Mustard, Pickles & Melted Mozzarella Cheese) $6.75

**Buffalo Wings**

- 6 Pieces $5.95
- 12 Pieces $10.95

**DESSERTS**

Italian Ice ~ Spumoni ~ Sicilian Cannoli’s ~ Speciality Cookies

**BEVERAGES**

Ice Tea ~ Juices ~ Soda ~ Beer ~ Wine

- San Biagio’s Specialty Items
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<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Protein</td>
<td>45.5%</td>
</tr>
<tr>
<td>Calcium</td>
<td>21.3%</td>
</tr>
<tr>
<td>Phosphorus</td>
<td>31.4%</td>
</tr>
<tr>
<td>Vitamin C</td>
<td>10.1%</td>
</tr>
<tr>
<td>Vitamin A</td>
<td>9.0%</td>
</tr>
<tr>
<td>Thiamine</td>
<td>15.0%</td>
</tr>
<tr>
<td>Riboflavin</td>
<td>4.7%</td>
</tr>
<tr>
<td>Niacin</td>
<td>10.0%</td>
</tr>
<tr>
<td>Iron</td>
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</tr>
<tr>
<td>Calories</td>
<td>12.9%</td>
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